

## DWIJ 2019 Form for contesting Shubharthi

Name of referring Psychiatrist : Patient's Name : Address & Contact No.

Age :

Sex.

Stays with : Family Structure : Mother / father : alive / not alive . Siblings : Brothers : Sisters :

Who are the family members staying with the patient

\*0 = Not at all close/ uncomfortable 1= Rarely close/ comfortable

No.	Gender	Age	Relationship	Occupation	Closeness with the patient. 0 to 3

2 =Close/ comfortable 3 =Extremely close or comfortable

Any other person not staying in the family but very close to the patient: Name : Age : M/F, Relationship :

Socioeconomic background : No. of family members : Total yearly income :

Brief History about illness & treatment : ( presenting symptoms , age at onset , treatment started at age etc.)

( Do not attach any prescription papers , attach extra sheet to write , if necessary )  $% \left( {\left[ {{{\rm{D}}_{\rm{T}}} \right]_{\rm{T}}} \right)_{\rm{T}}} \right)$ 

Date.

FU with the Physician / Psychiatrist : 0.\_\_\_\_\_.5\_\_\_\_10 not at all sometime very regular Highest Education level achieved : In the year : Educational History : S.S.C. / Graduation / Diploma / Higher than graduation.

Occupational history : Types of jobs : Reasons for changing :

Present job / business : Elaborate :

How much are you satisfied regarding your contribution at work place ? Up to 20 % / 20 to 50 % / 50 to 80 % / Above 80 &

What were the activities / persons that helped you in the process of facing difficulties due to your illness ?

(in that order)

Who were the persons who helped you in this process ? How ?

Did you try to collect information about your illness ? How ?

Did it help you in dealing with your illness ? How ?

From the time your illness was identified till today , what are the different odds you faced ? List them in that order . ( e.g. illness of close family member , losing job , financial crisis etc.)

From the time your illness was identified till today , what are the different odds you faced Due to your illness ?

Did you feel the need to meet someone with similar illness ? yes / no . If , Yes , What did you do about it ? Elaborate .

Have you tried to encourage anybody with psychological problems to approach professionals for help ? Yes / No , If yes , elaborate.

I think my illness was caused by : ( Mark 0 : Disagree , 1 : Somewhat agree , 2 : strongly disagree )

- 1. A set back in my life at that point in time.
- 2. Curse on me.
- 3. Curse on my family.
- 4. Neurochemical imbalance.
- 5. Family atmosphere.
- 6. My upbringing.
- 7. Heredity factors.
- 8. Black magic.
- 9. Planetary constellation (Patrika yog)
- 10. Punishment for what I did.

Please write your reactions :

- 1. If I did not have this illness .....
- 2. When I see someone with the illness like mine I .....
- 3. When I meet people of my age who have succeeded in life I feel ......
- 4. During my illness phase my relatives & neighbors ( not family ) had been .....

Write ten lines on :

When I look back at my illness.

## Please read this carefully & sign at the bottom

I, Mr./ Mrs./ Ms. \_\_\_\_\_\_, hereby state that I have been taking medicines from Dr.\_\_\_\_\_\_ for the past \_\_\_\_\_ yrs. I am aware that if I fill in this form & participate for DWIJ 2009 and win I will have to be present personally & accept the award .I have no objection for this. I state that I am willingly participating in this project..

Regards ,

Signature

Name & Date ,

To be filled in by caregiver ( if caregiver has difficulty understanding by psychologist / social worker / other close family member ) Name of the person filling the following: Relationship with Patient:

How would you rate this person today on : ( Put a dot on the line explaining your opinion)

sociability 10\_\_\_,9\_\_\_,8\_\_\_,7\_\_\_,6\_\_\_,5\_\_,4\_\_\_,3\_\_\_,2\_\_\_,1\_\_\_,0 Highest lowest.

 Fulfilling his/her responsibilities ( as father/mother , son/daughter etc )

 . 10\_\_,9\_\_,8\_\_,7\_\_,6\_\_,5\_,4\_\_,3\_\_,2\_\_,1\_\_,0.

 Excellent
 not at all

 Fulfilling his/her responsibilities ( as a spouse)

 10\_\_,9\_\_,8\_\_,7\_\_,6\_\_,5\_,4\_\_,3\_\_,2\_\_,1\_\_,0

 Very many

 His occupational status:

 10\_\_\_,9\_\_\_,8\_\_\_,7\_\_\_,6\_\_\_,5\_\_,4\_\_\_,3\_\_\_,2\_\_\_,1\_\_\_,0

 Meaningful contribution

 none at all .

Pursuing any hobbies / interests: 10\_\_\_,9\_\_\_,8\_\_\_,7\_\_\_,6\_\_\_,5\_\_,4\_\_\_,3\_\_\_,2\_\_\_,1\_\_\_,0 Very many none at all .

Appears to be relatively happy, contented :  $10_{,9}, 8_{,7}, 6_{,5}, 4_{,3}, 2_{,1}, 0$ Most of the time never.

(Signature of caregiver).

## To be filled in by the treating Psychiatrist :

How long do you know Mr./Mrs./Ms. \_\_\_\_\_ \_\_\_\_ Yrs.

In your opinion since you met him/her for the first time , how much improvement you have seen in him/her ? Up to 20 % / 20 to 50 % / 50 to 70 % / > 70 %

In order to achieve this progress, besides medicines, what is the contribution of his / her efforts? Not much / quite a bit / lot of efforts.

Name :\_\_\_\_\_\_. Signature & Seal.

Place :

Date ::

?